



Creative Critters

Healthy Relationships Art & Emotional Intelligence Lessons

Kids' guided art & introduction to the concept of self-advocacy brought to you by *Curious Critters!*

Creative Critters is a 10-class art course that aims to teach both formative critical thinking and art skills. Each class is 1 hour long **OR** If you wish to add an **Optional live Animal Picture Day!** You will need to add 30 minutes to your 1-hour class.

My mission

I offer kids a guided **10-day** art course that allows them to discuss any difficult emotions, explore their origins, and learn about what constitutes proper and improper behavior in various relationships that define abuse.

I hope to give kids **aged 4-7 & 8-12** an outlet for their creativity, as well as a safe space to question and learn what appropriate and inappropriate behavior looks like in any relationship, whether parental, with a teacher, a friend, a caretaker, a friend of a parent, or classmates. I offer 10 high-quality sensory-focused art projects, one for each day of my course.

My promise to you!

- ★ QUALITY INTERACTIVE & EDUCATIONAL ART CLASSES
- ★ FORMATIVE EMOTIONAL INTELLIGENCE EDUCATION
- ★ EXCITING PICTURE DAY SURPRISES!
- ★ GIFTS FOR PARENTS - EXCLUSIVE PERSONALIZED CALENDAR
- ★ END-OF-CLASS NEWSLETTER!

What comes with Every Creative Critters Art course

- Classes in 1 hour or 1 hour 30 minute time blocks
- 10 classes to complete the course - classes can be spaced out as you wish
- Available once, twice, or three times a week
- 26 maximum students per group, ages 4-7 & 8-12
- Optional NO CHARGE animal picture day cards!
- 10 different possible art projects!
- Parents receive an end-of-class newsletter saying: what their child learned, what their child experienced, and a group photo!
- Personalized calendar at the end of the course! For participating parents. featuring pictures of their child during the course and holding live friendly animals!
- Participating public art display board for art projects
- Participating Art gallery showing an end-of-course, life-sized project "graduation" event with a certificate
- Complete media and form creation: any forms, permission slips, flyers, advertisements, sign-in / sign-out sheets, newsletters, calendars, itineraries, class breakdowns, materials lists, and more are provided at your request by our graphic designer for your organization.

What does Emotional Intelligence Education mean?

This revolutionary program involves a new concept of **emotional intelligence learning** in children as young as 4! This sector of education focuses on normalizing, at times, uncomfortable emotions and therapy words we might not understand, such as “abuse,” to gain a foothold on future emotional self-awareness, self-advocacy, and emotional well-being.

These classes will use hypothetical examples to give younger kids a better understanding of the topic, such as: *Ashley tells Johnathan she won't tell the teacher he's talking in class if he gives her his test answers. How does this make you feel? How would it make you feel as Jonathan? What do you think Ashley is feeling?* This is used as a guidepost for children to grasp different concepts of abuse, promoting analysis of what goes into healthy vs unhealthy relationships at every point of life and emotional intelligence.

These lessons come with guided images and/or sensory toys to retain an excited and joyful energy. The teacher will ensure the lesson retention by asking the students, “What example can you give us of abuse?” and, in an age-appropriate fashion, utilising the phrasing “unfairness”. Eventually learning “Abuse” is just a scary word for someone hurting someone else, whether physically or even just hurting their feelings.

While the students are working on their free-time art piece, the teacher will question and explore what they are creating to see where the artistic inspiration comes from. Is it from an emotional place? Using age-appropriate language, for example: “Is this a happy painting or an unhappy painting?” “What would make it happier? Can we make it happier together if you use my magic brush? The teacher will focus on highlighting “why this is a safe space, what a safe space is, and how to make your home a safe space for yourself.

After learning about an abuse topic, we will learn about its opposite emotion-concept, for example, the opposite of peer abuse is friendship! And we will discuss and learn what makes a good friendship! These classes always end on a happy, positive note and a self-love phrase of the day!

Special event Animal Picture card days

IMPORTANT TO NOTE: LIVE ANIMAL PICTURE DAYS ARE COMPLETELY OPTIONAL AND ADD 30 minutes to your class time block

Itinerary of each 1 hour regular class

5 minute	Sit, settle	Welcome class! What you see in front of you at your station is:
10 minute	Hands-on practice time with a follow-along art lesson	Now let's all follow the teacher's lead and, with your art sheet, try the art style you just learned about! Follow the steps to create: * Class discussion abuse example of the week:
40 minute	Art project time & Emotional intelligence lesson/ open discussion	Finish and put away the art project
5 minute	Solo teacher cleanup	+ Final disinfection of all surfaces with animals used

Itinerary of each 1 hour and 30 minute ANIMAL PICTURE CARD DAY class

5 minute	Sit, settle	Welcome class! What you see in front of you at your station is:
10 minute	Hands-on practice time with a follow-along art lesson	Now let's all follow the teacher's lead and, with your art sheet, try the art style you just learned about! Follow the steps to create: Class discussion abuse example of the week:
40 minute	Art project time & Emotional intelligence lesson/ open discussion	Finish and put away the art project
30 minute	Animal Picture Day! Photo time + clean up	Photo time! , clean hands with disinfection wipes and damp mini hand towels, and finally signing out
5 minute	Solo teacher cleanup	+ Final disinfection of all surfaces with animals used

More about The Host / Animator

Certifications and experience include: CICE special needs adult counseling, Red Cross special needs certified caregiver, ECE teaching, compassion fatigue training, and founding group member at McGill. Currently working for McGill MED.

